

## **PROPER DONNING & DOFFING OF DISPOSABLE GLOVES**

Protective gloves are an important piece of safety equipment across a wide range of industries. When donned properly, they help protect workers from exposure to hazardous substances and products and processes from contamination. When doffed correctly, workers help prevent contamination to themselves and their environments. Below are tips on how to don and doff gloves in ways that help ensure worker safety and product integrity.

## **HOW TO DON GLOVES**



Remove one glove from the package and inspect it to be sure no pinholes or tears are present.



If gloves are ambidextrous, they can be worn on either hand. If not, align the glove's fingers and thumb with the proper hand before donning.



Insert five fingers into the cuff and pull the cuff over the wrist.



Check for a secure fit around the fingers and palm. The cuff should fit snuggly around the wrist.

## **HOW TO DOFF GLOVES**



Grasp the outside edge of the glove near the wrist.



Peel the glove away from the hand, turning it inside out. Hold it in the opposite gloved hand.



Slide an ungloved finger under the wrist of the remaining glove, being careful not to touch the outside of the glove.



Peel the remaining glove off from the inside, creating a "bag" containing both gloves. Discard.

© 2017 Thermo Fisher Scientific Inc. All rights reserved. Trademarks used are owned as indicated at fishersci.com/trademarks.

**Austria:** +43(0)800-20 88 40 **Belgium:** +32 (0)56 260 260 **Denmark:** +45 70 27 99 20 Germany: +49 (0)2304 9325 | Ireland: +353 (0)1 885 5854 | Italy: +39 02 950 59 478 Finland: +358 (0)9 8027 6280 France: +33 (0)3 88 67 14 14 Netherlands: +31 (0)20 487 70 00

Norway: +47 22 95 59 59 Portugal: +351 21 425 33 50 Spain: +34 902 239 303 Sweden: +46 31 352 32 00 Switzerland: +41 (0)56 618 41 11 UK: +44 (0)1509 555 500

